



telework can work for you!

Companies have found that a telework program is good for their bottom line. A recent study of San Diego based companies with telework programs found that productivity increased by more than 20 percent, employee morale improved, and telework programs provided a competitive edge by helping to attract and retain talented employees.

What is Telework?

Teleworking is a convenient solution that enables employees to work from home or a remote location one or more days per week. A telework program can reduce commute costs, lower parking demand, and help the environment.

Cost Savings

San Diego-based workplace research firm, Global Workplace Analytics, estimates the average business can save \$10,000 per year per telework employee, while the average employee can save between \$2,000 and \$7,000 per year working from home.

Sharp HealthCare Case Study

Sharp HealthCare has more than 16,000 employees. To reduce costs for patients and contribute to workplace quality-of-life, they offer employees the option to telework. Through this program, in 2015 Sharp HealthCare was able to:

- Save 290 desk spaces weekly
- Save telework employees 75,126 hours of commute time
- Reduce vehicle miles traveled on area roadways by more than 2.2 million
- Reduce CO2 emissions by more than 1,000 metric tons

Telework Resources

iCommute can help you implement a telework program at your worksite. Our employer toolkit includes a sample policy, an employee agreement, and guidelines to get you started.

For more information about telework or our employer program, call **511** and say "iCommute" or email iCommute@sandag.org.