



Free Walk, Ride, and Roll to School Services

Encourage your students to use active transportation
with a **FREE** virtual class!*

Biking, walking, skating, skateboarding, or riding a scooter to school helps promote physical activity and healthier lifestyles for students. Walk, Ride, and Roll to School virtual classes are designed to teach students skills and safety to build confidence and encourage participation.

Virtual Safety Assembly

This 40-minute virtual assembly, provided by the San Diego County Bicycle Coalition, can be tailored for grades K-3, 4-6, or above. The live presentation includes a helmet fitting demonstration and teaches students the basics of walking and biking safely.

Bike and Traffic Safety for Kids (Online Module)

In this virtual presentation, the San Diego County Bicycle Coalition provides a three-part module for students. Lessons include rules of the road, signs and symbols, helmets and safety, and riding skills. Each module includes a video and quiz and can be completed in under 10 minutes. Adult supervision/assistance is advised for students younger than 10.

To register your school for a class*, visit:

iCommuteSD.com/WRR

**San Diego County schools and school districts from K-12 are eligible to register. Classes will be offered on a first-come, first-served basis.*

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