

**SANDAG's VANPOOL PROGRAM**  
**SEATS AVAILABLE (as of February 2, 2010)**  
**FY 10**  
**February 2010**

ID	Email	Origin	Destination	Work Hours	Seats Available
1082	<a href="mailto:scott.trulove@navy.mil">scott.trulove@navy.mil</a>	Oceanside	32nd Street Naval Station	6:00-3:00	2
962	<a href="mailto:michael.d.allen@disney.com">michael.d.allen@disney.com</a>	Oceanside	Anaheim	5:00-1:30	1
384	<a href="mailto:ajuana528@cox.net">ajuana528@cox.net</a>	Lemon Grove	Camp Pendleton	7:00-4:30	2
677	<a href="mailto:stefankavich@verizon.net">stefankavich@verizon.net</a>	Murrieta	Camp Pendleton	6:30-4:00	1
502	<a href="mailto:juanita.mcgraw@usmc.mil">juanita.mcgraw@usmc.mil</a>	Oceanside	Camp Pendleton	7:00-5:00	2
1341	<a href="mailto:sauping.george@usmc.mil">sauping.george@usmc.mil</a>	San Marcos	Camp Pendleton	7:30-5:00	1
1081	<a href="mailto:rudolph.banzali@usmc.mil">rudolph.banzali@usmc.mil</a>	Sierra Mesa	Camp Pendleton	7:00-4:30	1
362	<a href="mailto:phillips.k.nguyen@usmc.mil">phillips.k.nguyen@usmc.mil</a>	Trabuco Cyn/Laguan Hill	Camp Pendleton	6:30-4:00	2
1015	<a href="mailto:adrln7@aol.com">adrln7@aol.com</a>	Wildomar	Camp Pendleton	5:30-2:00	3
1287	<a href="mailto:david.a.adams2@navy.mil">david.a.adams2@navy.mil</a>	Winchester	Camp Pendleton	5:30-2:00	3
1105	<a href="mailto:tereska.sears@med.navy.mil">tereska.sears@med.navy.mil</a>	Winchester	Camp Pendleton	6:30-4:00	2
127	<a href="mailto:irmam1959@yahoo.com">irmam1959@yahoo.com</a>	Chino	Carlsbad	5:30-2:00	3
794	<a href="mailto:nonis11566@yahoo.com">nonis11566@yahoo.com</a>	Temecula	Chula Vista	6:00-2:30	1
1381	<a href="mailto:sjimenez@sdcers.org">sjimenez@sdcers.org</a>	Chula Vista	Downtown	8:00-5:00	2
585	<a href="mailto:rhagan@sandiego.gov">rhagan@sandiego.gov</a>	El Cajon (East County)	Downtown	6:30-4:00	1
41	<a href="mailto:adoracion.sabio@sdcounty.ca.gov">adoracion.sabio@sdcounty.ca.gov</a>	Paradise Valley	Downtown	8:00-5:00	1
1	<a href="mailto:cspier@sandiego.gov">cspier@sandiego.gov</a>	Pine Valley/Alpine	Downtown	6:30-4:00(M-TH)	1
474	<a href="mailto:johnna.corr@uboc.com">johnna.corr@uboc.com</a>	Temecula	Downtown	6:30-3:30	1
717	<a href="mailto:ckuhn@luce.com">ckuhn@luce.com</a>	Temecula	Downtown	7:00-4:00	1
345	<a href="mailto:soledad.latorre@navy.mil">soledad.latorre@navy.mil</a>	Temecula	Downtown (US Navy)	6:00-3:30 9/80	2
609	<a href="mailto:arthur.medina@navy.mil">arthur.medina@navy.mil</a>	Menifee	Fallbrook	7:30-4:00	1
801	<a href="mailto:rod.freeman@tevausa.com">rod.freeman@tevausa.com</a>	Encinitas	Irvine	7:30-4:30	1
28	<a href="mailto:cloudsinajar@gmail.com">cloudsinajar@gmail.com</a>	Murrieta	Kearny Mesa	7:00-3:30	1
1089	<a href="mailto:iwallen@raytheon.com">iwallen@raytheon.com</a>	Sorrento Valley Coaster	Kearny Mesa	7:00-4:30	2
1384	<a href="mailto:dbergen@sandiego.gov">dbergen@sandiego.gov</a>	Pine Valley	Kearny Mesa/Old Town	6:15-3:45	2
455	<a href="mailto:david.szatkowski@dhs.gov">david.szatkowski@dhs.gov</a>	Carlsbad	Laguna Niguel	6:00-4:30	1
349	<a href="mailto:blackbear39@cox.net">blackbear39@cox.net</a>	Oceanside	Laguna Niguel	6:30-4:00	1
495	<a href="mailto:debbie.j.runnels@irs.gov">debbie.j.runnels@irs.gov</a>	Vista	Laguna Niguel	7:00-4:45	1
678	<a href="mailto:joseph.kroupa@navy.mil">joseph.kroupa@navy.mil</a>	Encinitas	NASNI	6:00-2:30	1
804	<a href="mailto:harold.r.elliott@navy.mil">harold.r.elliott@navy.mil</a>	Hemet	NASNI	6:30-4:00	2
623	<a href="mailto:eric.benjamin@cox.net">eric.benjamin@cox.net</a>	Lemon Grove	NASNI	6:00-2:30	2
550	<a href="mailto:vanpool@sandag.org">vanpool@sandag.org</a>	Murrieta	NASNI	6:00-2:30	1
36	<a href="mailto:imstarkey@cox.net">imstarkey@cox.net</a>	Oceanside	NASNI	6:00-2:30	1
81	<a href="mailto:dennis.oberry@navy.mil">dennis.oberry@navy.mil</a>	Oceanside	NASNI	6:00-2:30	1
1043	<a href="mailto:benjaminbuang@yahoo.com">benjaminbuang@yahoo.com</a>	Paradise Valley	NASNI	6:00-2:30	1
1032	<a href="mailto:ronald.o.martinez@navy.mil">ronald.o.martinez@navy.mil</a>	San Jacinto	NASNI	6:00-2:30	1
1014	<a href="mailto:stephanie.bye@navy.mil">stephanie.bye@navy.mil</a>	Santee (East County)	NASNI	5:30-2:30	1
459	<a href="mailto:pjorcales@hotmail.com">pjorcales@hotmail.com</a>	Sun City	NASNI	6:00-2:30	1
390	<a href="mailto:oscar91969@msn.com">oscar91969@msn.com</a>	Ted Williams-Hwy 56 P&R	NASNI	6:00-2:30	1
150	<a href="mailto:cdhaynes@adelphia.net">cdhaynes@adelphia.net</a>	Temecula	NASNI	6:00-2:30	1
575	<a href="mailto:james.engel@navy.mil">james.engel@navy.mil</a>	Temecula	NASNI	6:00-2:30	1
439	<a href="mailto:vanpool@sandag.org">vanpool@sandag.org</a>	Menifee	Nassco	6:30-3:00	1
1143	<a href="mailto:vanpool@sandag.org">vanpool@sandag.org</a>	Mira Mesa	Nassco	6:30-3:00	3
62	<a href="mailto:rheger@nassco.com">rheger@nassco.com</a>	Temecula	Nassco	6:30-3:00	1
1044	<a href="mailto:denny1995@yahoo.com">denny1995@yahoo.com</a>	Escondido	Naval Medical Center	6:30-4:00	2
584	<a href="mailto:maureen.colgan@med.navy.mil">maureen.colgan@med.navy.mil</a>	Oceanside	Naval Medical Center	6:30-3:30	2
437	<a href="mailto:terracin@sbcglobal.net">terracin@sbcglobal.net</a>	Carlsbad	Newport Beach	8:00-5:00	1
1251	<a href="mailto:ted.willis@pacificlif.com">ted.willis@pacificlif.com</a>	Oceanside	Newport Beach	6:30-3:30	1

ID	Email	Origin	Destination	Work Hours	Seats Available
1140	<a href="mailto:susan.dire@dot.ca.gov">susan.dire@dot.ca.gov</a>	Poway	Old Town	7:00-4:30	1
1250	<a href="mailto:vanpool@sandag.org">vanpool@sandag.org</a>	Murrieta	Point Loma - Naval Base	7:00-3:00	2
803	<a href="mailto:jim.macisaac@navy.mil">jim.macisaac@navy.mil</a>	San Marcos	Point Loma - SPAWAR	6:00-3:30	1
466	<a href="mailto:c15550girl@verizon.net">c15550girl@verizon.net</a>	Temecula	Point Loma - SPAWAR	6:00-4:00	2
1272	<a href="mailto:evan.dewan@navy.mil">evan.dewan@navy.mil</a>	Rancho Bernardo	Point Loma - US Navy	6:00-3:00	2
290	<a href="mailto:msamin@deltad.com">msamin@deltad.com</a>	Chula Vista	Poway	6:00-2:30	2
323	<a href="mailto:rdeodat619@hotmail.com">rdeodat619@hotmail.com</a>	National City	Poway	5:00-1:30/3:30	2
813	<a href="mailto:vanpool@sandag.org">vanpool@sandag.org</a>	National City	Poway	2:30-11:00	1
339	<a href="mailto:len.odan@ngc.com">len.odan@ngc.com</a>	Moreno Valley	Rancho Bernardo	6:00-3:30	2
946	<a href="mailto:grover.sonnier@ngc.com">grover.sonnier@ngc.com</a>	Moreno Valley	Rancho Bernardo	6:00-3:30	2
227	<a href="mailto:deenafay2003@yahoo.com">deenafay2003@yahoo.com</a>	Lakeside	San Diego Zoo	6:00-2:30	2
1141	<a href="mailto:hotlava760@yahoo.com">hotlava760@yahoo.com</a>	Oceanside	Santa Ana	7:30-3:30	2
629	<a href="mailto:blenz@mail.sdsu.edu">blenz@mail.sdsu.edu</a>	Winchester	SDSU	7:00-3:30	1
858	<a href="mailto:benjamra@songs.sce.com">benjamra@songs.sce.com</a>	Carlsbad	SONGS	7:30-4:00	1
1377	<a href="mailto:rnbjwood@verizon.net">rnbjwood@verizon.net</a>	Hemet	SONGS	2:00-10:00	2
863	<a href="mailto:bristocj@songs.sce.com">bristocj@songs.sce.com</a>	Mira Mesa	SONGS	7:00-3:30	1
892	<a href="mailto:domingd@songs.sce.com">domingd@songs.sce.com</a>	Murrieta	SONGS	6:00-6:00	1
859	<a href="mailto:wahooandy@cox.net">wahooandy@cox.net</a>	Oceanside	SONGS	varies	1
1166	<a href="mailto:lkoman@cox.net">lkoman@cox.net</a>	Oceanside	SONGS	7:00-3:30	1
953	<a href="mailto:ayranes@songs.sce.com">ayranes@songs.sce.com</a>	South San Diego	SONGS	7:00-3:30	1
1062	<a href="mailto:vanpool@sandag.org">vanpool@sandag.org</a>	Vista	SONGS	4:00-2:00	2
1513	<a href="mailto:guminski@qualcomm.com">guminski@qualcomm.com</a>	Oceanside	Sorrento Mesa	8:30-5:00	2
648	<a href="mailto:alaguilarsr@scif.com">alaguilarsr@scif.com</a>	South San Diego	Sorrento Mesa	7:00-5:00	2
1120	<a href="mailto:dennisb@qualcomm.com">dennisb@qualcomm.com</a>	Temecula/Escondido	Sorrento Mesa	7:00-4:00	1
771	<a href="mailto:msdavis@uci.edu">msdavis@uci.edu</a>	Carlsbad	UCI - Irvine	7:00-4:00	1
758	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Alpine	UCSD	8:00-4:30	2
759	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Bonita - South Bay	UCSD	8:00-4:30	1
731	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Cardiff	UCSD	8:00-4:30	1
743	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	East County	UCSD	7:30-4:00	1
773	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	East County (Sunrise)	UCSD	7:30-4:00	1
769	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	East San Diego	UCSD	8:00-4:30	1
1164	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Escondido	UCSD	7:30-4:00	1
734	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	La Mesa	UCSD	8:00-4:30	1
747	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Mira Mesa	UCSD	7:30-4:00	1
756	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	National City	UCSD	8:00-4:30	1
1297	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Paradise Valley	UCSD	7:30-4:00	3
733	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Poway	UCSD	7:30-4:00	2
770	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Poway	UCSD	7:45-4:15	1
755	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Rancho San Diego	UCSD	8:00-4:30	2
738	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Rcho Penasquitos	UCSD	8:00-4:30	1
748	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Rcho Penasquitos	UCSD	7:30-4:00	1
750	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Rcho Penasquitos	UCSD	8:00-4:30	1
774	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Temecula	UCSD	8:00-4:30	3
746	<a href="mailto:vanpools@ucsd.edu">vanpools@ucsd.edu</a>	Poway	UCSD Medical Center	8:00-4:30	1
824	<a href="mailto:connie.avila-wehrly@va.gov">connie.avila-wehrly@va.gov</a>	National City - Mile of Cars	VA Hosptial	6:30-3:00	2
281	<a href="mailto:vanpool@sandag.org">vanpool@sandag.org</a>	Escondido	Vista	6:00-4:30	1
343	<a href="mailto:vanpool@sandag.org">vanpool@sandag.org</a>	San Ysidro	Vista	5:45-4:15	3
309	<a href="mailto:csnyder@anacomp.com">csnyder@anacomp.com</a>	Santee	Vista	7:00-3:30	1