

# BIKE TO WORK GROUP RIDE

This group ride is an opportunity for you to ride with an instructor downtown, in preparation for Bike to Work Day. Certified instructors from the San Diego County Bicycle Coalition will lead the ride, teaching best practices for safe riding.

This ride will be approximately 4 miles and will highlight bike facilities on the route, useful urban riding techniques, connections to transit, secure bike parking, and skills for route planning. The selected route is relatively flat and will be at a pace to ensure that all participants can ride comfortably. Other topics such as helmets, lights, and carrying your work gear will be covered.

Bring your own bike, or get a free DecoBike rental. Helmets are required, but loaners will be provided. Please RSVP to ensure availability.

*Join us for this upcoming ride!*

**APRIL 14 @ 12-1PM**

**MEETING LOCATION:**

**SW CORNER OF HORTON PLAZA PARK**

RSVP at [bit.ly/downtownride](http://bit.ly/downtownride)

**QUESTIONS?**

Contact Kevin Baross, San Diego County Bike Coalition  
(858) 487-6063 or [kevin@sdbikecoalition.org](mailto:kevin@sdbikecoalition.org)



Geared for  
beginners!

Helmets  
required

Free  
DecoBikes!

**DEC**  **BIKE**

  
**BIKE COALITION**  
SAN DIEGO COUNTY

  
Panera  
BREAD

**SANDAG** 

 Commute

 **Go byBIKE**  
Bike to Work 2017